



THE HAPPY SAD

January 26, 2025 // Matthew 5:4 // Dr. Ron Jones

“For a moment, I kinda forgot to be sad.”

LYRICS FROM THE SONG “FOR A MOMENT” IN THE *WONKA* MOVIE

“Blessed are those who mourn, for they will be comforted.” MATTHEW 5:4 ESV

There is a time to weep and a time to laugh, a time to mourn and a time to dance. ECCLESIASTES 3:4 ESV

Be miserable and mourn and weep; let your laughter be turned into mourning and your joy to gloom. JAMES 4:9 ESV

Men of Sorrows

- Jesus was _____ . ISAIAH 53:3
- Jeremiah is the _____ .
- God gave us the OT book of _____ .
- David wrote many _____ .

- Paul served Jesus with _____.
- God records our _____ in a bottle. PSALM 56:8

When Mourning Comes

1. Don't be _____ by sorrow and suffering.

"In the world you will have tribulation. But take courage; I have overcome the world!" JOHN 16:33 ESV

"Pain is God's megaphone to arouse a deaf world." C.S. LEWIS

2. Receive _____.

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction ... 1 CORINTHIANS 1:3

3. Don't _____ your pain.

... so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. 1 CORINTHIANS 1:4 ESV

4. Practice _____.

Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. 2 CORINTHIANS 7:10 NIV