



## HAPPY, HUNGRY, AND SATISFIED

February 9, 2025 // Matthew 5:6 // Dr. Ron Jones

*“Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.”* MATTHEW 5:6 ESV

“I can’t get no satisfaction.” MICK JAGGER, THE ROLLING STONES

“You have made us for yourself, O Lord, and our hearts are restless until they rest in you.” AUGUSTINE OF HIPPO

“If I find in myself a desire which no experience in this world can satisfy, the most probable explanation is that I was made for another world.” C.S. LEWIS

### “For Righteousness”

The Bible’s standard of righteousness is the \_\_\_\_\_ in both word and deed.

- Right with \_\_\_\_\_
- Right within \_\_\_\_\_
- Right with \_\_\_\_\_

## Hungry and Thirsty for God

*As a deer pants for flowing streams, so pants my soul for you, O God. My soul thirsts for God, for the living God. When shall I come and appear before God?*

PSALM 42:1-2 ESV

*O God, you are my God; earnestly I seek you; my soul thirsts for you; my flesh faints for you, as in a dry and weary land where there is no water. ... My soul will be satisfied as with fat and rich food.* PSALM 63:1, 5 ESV

You \_\_\_\_\_ what you \_\_\_\_\_, physically and spiritually.

### HYDRATION + HEALTHY EATING + EXERCISE

1. Drink from the \_\_\_\_\_.

*“The water that I will give him will become in him a spring of water welling up to eternal life.”* JOHN 4:10-15, 7:38; ISAIAH 55:1

2. Eat the \_\_\_\_\_.

*“I am the bread of life.”* JOHN 6:35 ESV

3. Exercise your \_\_\_\_\_.

*Do not neglect the gift you have ...* 1 TIMOTHY 4:14 ESV